# **BUTTERFLY GARDENING**



What is butterfly gardening? If you have ever seen a nice, lush garden that's humming with colorful butterflies flitting from flower to flower, that's your answer! The main goal for this type of garden is to create the best conditions to attract butterflies, choosing the right plants in the right conditions. This way, butterflies appear in the spring and summer, and your garden supports the entire butterfly life cycle.

## The Basics You'll Need for a Vibrant Butterfly Garden

**Sunshine and Protection:** Your garden must be in a sunny location with protection from wind. Butterflies are most active on sunny, calm days with temperatures ranging from 65 to 95 degrees. Consider planting a tree or shrub nearby to provide protection from wind while butterflies are feeding. Butterflies also need to warm their bodies to fly, so place some rocks around the garden in spots that receive plenty of sun.

**Moisture:** Butterflies not only feed on nectar, but also on water from streams or morning dew. Creating depressions in your garden where water can pool adds a water supply for butterflies between irrigation cycles.





**Flowers:** In your butterfly garden, plant both sources for nectar and food for butterfly larvae. Refer to the Plant Recommendations below for ideas, although this is not an exhaustive list. Aim for a mix of nectar and larval plants to support butterfly larvae (caterpillars) and adult butterflies.

### **Plant Recommendations:**

#### **Nectar Plants**

Red Bird of Paradise	SH
Desert Willow	TR
Desert Orchid	WF
Evening Primose	GC
Ruellia	SH
Butterfly Bush	SH

### **Larval Plants**

Sage Varieties	SH
Penstemon	GC
Arizona Sycamore	TR

#### **Nectar and Larval Plants**

Desert Milkweed	SH	
Baja Fairy Duster	SH	
Trailing Lantana	GC	
Texas Honey Mesquite	TR	

Index:	GC - Ground Cover	SH - Shrub
	WF - Wildflower	TR - Tree

